

Nutrition and physical activity are known to influence a child's development, potential for learning, overall sense of well-being, and risk of illness through adulthood. Students who practice good nutrition and engage in daily physical activity attend school with bodies and minds ready to take advantage of the learning environment. The District, therefore, encourages all members of the community to help create and support a school environment that emphasizes healthy, life-long habits of good nutrition and physical activity. If the school were to participate in the National School Lunch or National School Breakfast Programs, this policy must be revised to meet federal requirements.

The Board delegates primary administrative oversight of this policy and the District's local Wellness Plan to the District Administrator, who shall:

1. Direct and monitor the District-wide implementation of the District's Wellness Plan and related nutrition guidelines;
2. Keep the Board and the broader community informed of the Wellness Plan, the District's progress toward achieving Wellness Plan goals, and any recommendations for changes and improvements to the Plan, including any changes that are based on the results of a formal assessment.

Nothing in this policy or in the District's formal Wellness Plan shall be construed to prohibit District schools from undertaking additional school-level wellness initiatives, provided that such initiatives (1) do not either conflict with the formal Wellness Plan or unilaterally supplant or replace portions of the Plan; and (2) have otherwise been properly authorized within the District.

NOTICE: The United States Department of Agriculture is an equal opportunity provider and employer. The Richmond School District is also an equal opportunity provider and employer.

Legal References:

Wisconsin Statutes

<u>Section 93.49</u>	[farm-to-school programs]
<u>Section 118.01(2)(d)2</u>	[instructional program goals related to nutrition and physical education]
<u>Section 118.12</u>	[sales and promotions on school premises, including the sale of milk and other beverages]
<u>Section 118.33</u>	[high school graduation requirements, including physical education]
<u>Section 120.13(17)</u>	[Board of Education power to authorize the temporary use of school facilities, including the recreational use of school facilities]
<u>Section 120.13(19)</u>	[Board of Education power to provide community programs]
<u>Section 121.02(1)(f)</u>	[school district standard; minimum hours of direct student instruction]
<u>Section 121.02(1)(j)</u>	[school district standard; health and physical education]

Wisconsin Administrative Code

<u>PI 8.01(2)(j)2</u>	[physical education rules]
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Federal Laws and Regulations

<u>42 U.S.C. §1758b</u>	[statutory school wellness policy requirements]
<u>42 U.S.C. Ch. 13</u>	[National School Lunch Act provisions, generally]
<u>7 C.F.R. Part 210</u>	[USDA regulations implementing the National School Lunch Act, as amended, including the local school wellness policy regulations]
<u>7 C.F.R. Part 220</u>	[USDA regulations implementing the School Breakfast Program under the Child Nutrition Act, as amended]

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